

7th Grade Curriculum OUTLINE

Session 7.1

(Re-) Introduction to Healthy Futures, Keys to Success

- Activity 7.1.1 (Re-) Introduction to Healthy Futures
- Activity 7.1.2 Healthy Futures Slogan and Incentives
- Activity 7.1.3 Group Rights and Responsibilities
- Activity 7.1.4 Question Cards
- Activity 7.1.5 That's Me!
- Activity 7.1.6 Keys to Success
- Activity 7.1.7 Dream Big
- Activity 7.1.8 Unlocking the Keys to Success
- Activity 7.1.9 Keys to Success Scenarios
- Activity 7.1.10 Conclusion and Wrap Up
- Activity 7.1.11 Parent Connection Forms

Session 7.2

Basic Human Needs, Levels of Friendship

- Activity 7.2.1 Review Session 7.1
- Activity 7.2.2 Stranded!
- Activity 7.2.3 Physical and Emotional Needs
- Activity 7.2.4 Basic Human Needs Pyramid
- Activity 7.2.5 Levels of Friendship
- Activity 7.2.6 Online Safety
- Activity 7.2.7 Friendship Scenarios
- Activity 7.2.8 Conclusion and Wrap Up

Session 7.3

Puberty and Pregnancy

- Activity 7.3.1 Review Session 7.2
- Activity 7.3.2 Puberty and Pregnancy
- Activity 7.3.3 Battle of the Sexes Review Game
- Activity 7.3.4 Conclusion and Wrap Up

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Session 7.4

Stress, Positive Character Traits, Peer Pressure

- Activity 7.4.1 Review Sessions 7.1-7.3
- Activity 7.4.2 Review Physical and Emotional Needs
- Activity 7.4.3 Defining Stress
- Activity 7.4.4 I Won't Break Video
- Activity 7.4.5 Stress and Emotional Needs
- Activity 7.4.6 Positive Personal Character Traits
- Activity 7.4.7 Spiraling Out of Control
- Activity 7.4.8 Peer Pressure and Refusal Skills
- Activity 7.4.9 Refusal Scenarios
- Activity 7.4.10 Questions and Answers
- Activity 7.4.11 Conclusion and Wrap Up

Session 7.5

Consequences of Sexual Activity - Pregnancy and Emotional Risks

- Activity 7.5.1 Review Session 7.4
- Activity 7.5.2 Puberty and Pregnancy Review
- Activity 7.5.3 Rules, Limits, and Boundaries
- Activity 7.5.4 Emotional Risk and Sexual Activity
- Activity 7.5.5 Pregnancy Scenario
- Activity 7.5.6 Conclusion and Wrap Up

Session 7.6

Consequences of Sexual Activity - STIs

- Activity 7.6.1 Review Session 7.5
- Activity 7.6.2 Star Activity
- Activity 7.6.3 Sexually Transmitted Infections (STIs)
- Activity 7.6.4 STI Presentations
- Activity 7.6.5 Resources
- Activity 7.6.6 Conclusion and Wrap Up

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Session 7.7

Sexual Offenses

- Activity 7.7.1 Review Session 7.6
- Activity 7.7.2 Sexual Offenses
- Activity 7.7.3 Questions and Answers
- Activity 7.7.4 Conclusion and Wrap Up

Session 7.8

Review Topics and Discuss Lessons Learned

- Activity 7.8.1 Introduction to Final 7th Grade Session
- Activity 7.8.2 Review Sessions 7.1-7.7
- Activity 7.8.3 Think Fast! Review Game
- Activity 7.8.4 Questions and Answers
- Activity 7.8.5 Conclusion and Wrap Up
- Activity 7.8.6 Participant Feedback and Incentives